

## **Saint Mary's Sports Premium - End of Year Review**

By implementing initiatives outlined below, Saint Mary's aims to empower staff with the necessary skills to teach outstanding lessons; raise the profile of physical education; increase students' physical activity levels; and offer a diverse range of sports and activities to all students.

### **Building Confidence, Knowledge, and Skills of Staff in Teaching PE and Sport**

Our teachers have undergone training in effective PE teaching, facilitated by our PE lead. During this professional development, the PE lead shared lesson plans and ensured that all teachers understand the progression of lessons and units of work. The PE lead also demonstrated effective warm-up exercises, and techniques to motivate children during PE lessons.

As a result of training and the high expectations of leaders, our teachers excel at organizing sports sessions that not only teach the skills associated with different sports, but also highlight the benefits of physical activity, the importance of fair play and the value of competition.

To sustain the prominence of physical education, the PE lead continuously monitors and replaces resources as needed. This ensures that both teachers and students have the necessary equipment for excellent lessons.

### **Promoting Active Engagement of All Students in Physical Activity**

To ensure that all children engage in regular physical activity, we employ 3 specialist sports coaches. We firmly believe that an inspiring coach greatly encourages children to participate in regular physical activity. The coaches sessions captivate the childrens' interest and expose them to sports they might not have experienced otherwise which increases the likelihood that every child will discover a sport they are passionate about.

To support vulnerable children and reinforce our school values, one sports coach dedicates time during lunch time to work with them in the playground. This sports coach visits twice a week, fostering an environment where physical education is valued and vulnerable pupils are supported through sport.

As part of our effort to promote active engagement in physical activity, we regularly organize special events. For instance, in the autumn term, we arranged trips to an obstacle course and a residential activity center. In the spring term, a mobile climbing wall visited Saint

Mary's. In the summer term, Scoot Fit will return to Saint Mary's and sports day will take place. These events ensure that physical activity is promoted year round.

### Maximizing Physical Activity during Playtime

To facilitate engaging activities during lunchtime, our teaching assistants lead small group activities that encourage all children to participate. These activities not only make lunchtime enjoyable, but also enable children to explore new activities and develop their confidence.

Our newly installed play equipment has been a tremendous success, providing an excellent opportunity for children to engage in physical activity during playtime. The equipment offers a range of activities, including climbing, running, and jumping, ensuring that children remain active and constantly on the move.